

### WHO IT'S FOR:

Pregnant Women who want to quit using tobacco products (smoking, vaping etc) Pregnant women who used tobacco within 3 months of getting pregnant No Age limit or income eligibility

### **PRENATAL**:

- Attend 4 brief one-on-one quitting education sessions
- Quit smoking before delivery

### **POSTPARTUM:**

- Monthly carbon monoxide breath testing
- Receive \$25 voucher monthly for diapers or wipes redeemable at Walmart, each month you are tobacco free for up to 1 year

### Ask if you partner might qualify as well!!!

# **Call Healthy Communities of Clinton County**

## 765-659-6063





Healthy Momma