
ANNUAL REPORT
2020

Making the healthy choice the easy choice



EXECUTIVE DIRECTOR: A YEAR IN REVIEW

There is one thing that I can say for sure about 2020; I am glad it is over! COVID-19 has pushed the staff at Healthy Communities to be more flexible, creative, patient, kind, appreciative, and understanding than we ever thought possible. Resiliency is the ability to recover quickly from difficulties. 2020 was a crash course in resiliency for all of us. Some of our programs had significant negative impacts such as decreased client numbers while other programs were busier than ever. We had to not only rethink everything that we were doing, but also how we were doing it. The good news is that we continued to serve our community every single day without a pause in services.

Despite the challenges of 2020, we had a banner year. We were able to obtain almost \$975,000 in grant funding and donations to address the risk factors that lead to chronic disease in Clinton County, Indiana. We were able to form new partnerships in the coalition and build on existing partnerships to join forces in this unprecedented time. We were able to shift some of our focus to COVID-19 relief efforts and partnered closely with the Clinton County Health Department to address the pandemic. Our other extremely exciting news is that we were able to purchase a building for a permanent home at 1234 Rossville Ave in Frankfort! It was an exhaustive effort, but it was a great example of what an amazing community we live in. From the members of our building committee to all the local contractors and businesses that helped make this possible, we thank you for all your help.

I believe 2021 is going to be an important year for all of us as we return to the “new normal” and I look forward to continuing making the healthy choice the easy choice in Clinton County!

LORRA ARCHIBALD

Executive Director



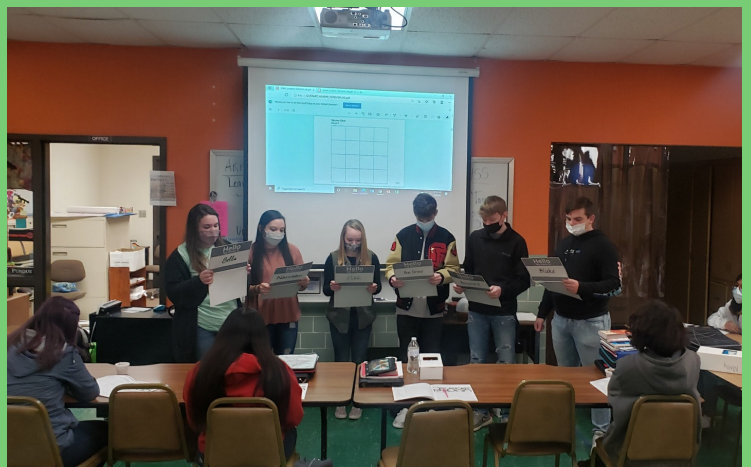
COVID RELIEF

HCCC was awarded grants through Bauer Family Resources, United Way, and the Community Foundation to provide COVID relief to families in the community. Through these grants, HCCC provided toilet paper, paper towel, hand sanitizer, diapers, hygiene kits, and more to all our local schools and to the community at large through local food pantries and shelters. HCCC was also able to assist people with health insurance, SNAP benefits, and unemployment applications because of this funding. This was a huge help to our community in a time of uncertainty and unknown!



SUBSTANCE USE DISORDER

In 2020, HCCC expanded the grants and funding used for substance use disorder in order to start more programs and hold more events. The first Peer Recovery Coach was hired for one on one support. Brianna's Hope Recovery and Support Group started at St. Matthew's Church, which is now held weekly. Too Good for Drugs, CATCH My Breath, Sources of Strength and Botvin LifeSkills prevention programming are now at all county schools. Youth RISE also hosted a Drug Take Back Day. HCCC also continued the This the Not In My Room trailer, sponsored by IU Health, with an expansion of the trailer planned in 2021 to include underage drinking.



MENTAL HEALTH

Stepping on Stigma

Even with COVID restrictions, HCCC was still able to partner with the schools to provide Mental Health Awareness Games during the fall and winter seasons. In 2020, this also included White County!

Our Sources of Strength program expanded to train more peer leaders and adult advisors, with additional trainings coming in 2021. The Stepping on Stigma movement also continued with virtual QPR and Mental Health First Aid Trainings, awareness posters, and the 5k returning in 2021.



SOURCES
OF STRENGTH

2 in 10

2 in 10 American youth experience a mental illness in one year

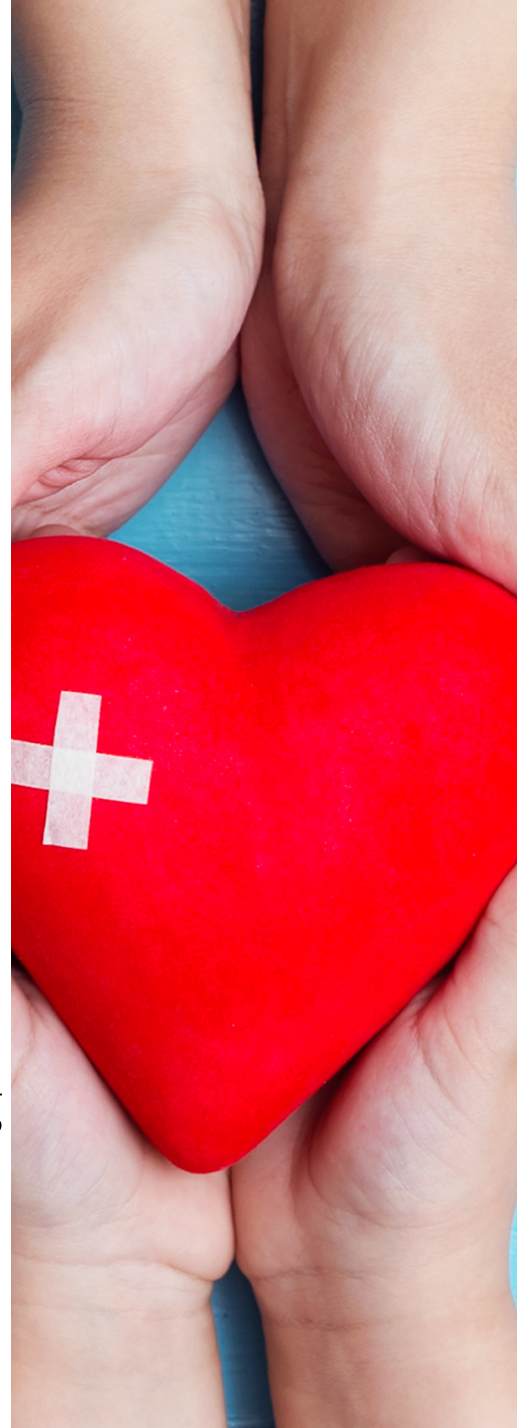
#SteppingOnStigma



TEEN PREGNANCY PREVENTION

Youth RISE!

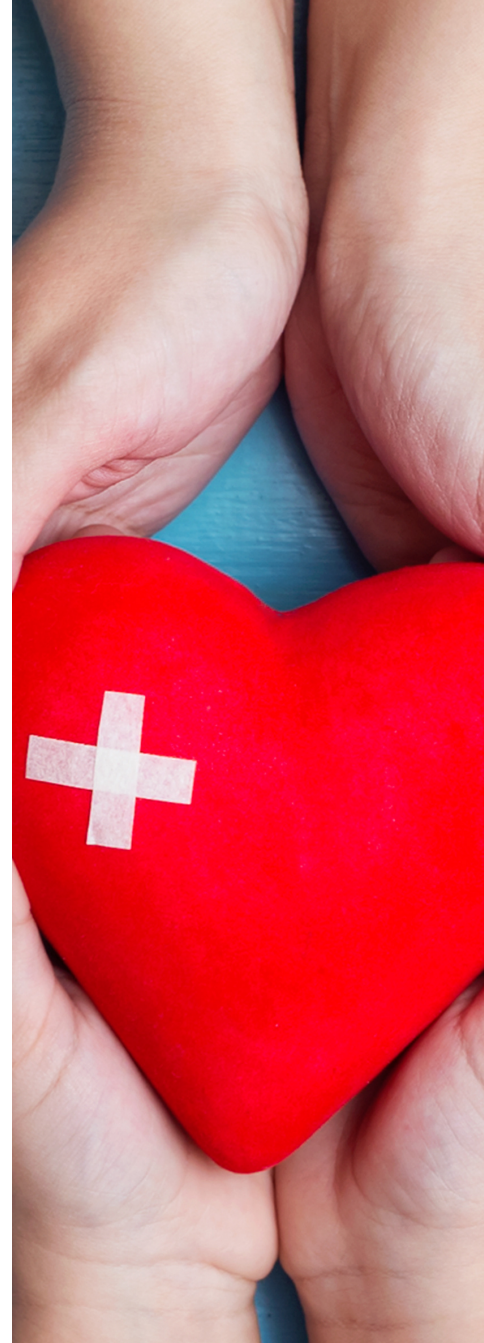
Reducing the Risk and Draw the Line
Respect the Line continued at the Community Schools of Frankfort and expanded to Clinton Prairie in 2020. A new grant through the Indiana Department of Health will expand TPP programming for another 2 years. The Youth RISE! Youth Leadership Council (YLC) had a record 31 youth this year due to a grant with United Way! The YLC did awareness on teen dating violence, mental health, substance misuse, and more, while also participating in volunteer activities throughout the year as restrictions allowed.



MATERNAL & CHILD HEALTH

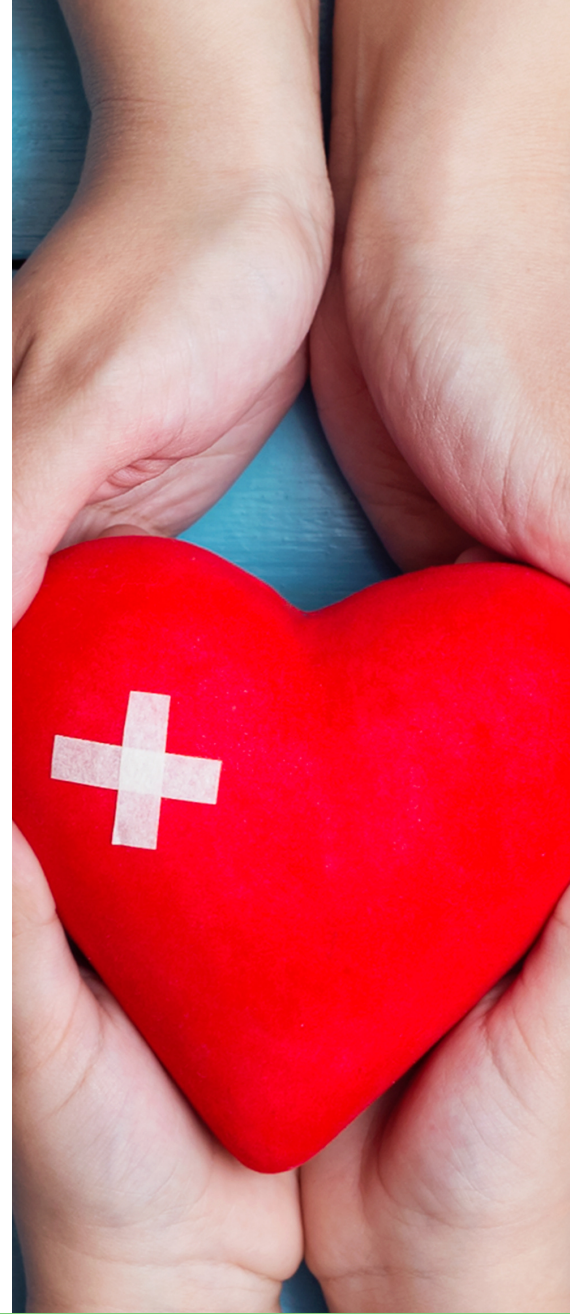
HCCC continued its Early Start program for pregnant women and Baby and Me Tobacco Free program for pregnant women who are tobacco users serving 42 moms in 2020. Our certified car seat technicians inspected 88 seats and replaced 63. Even with the pandemic, we were able to get creative in order to have a drive through community baby shower!

HCCC was also integral in the formation of a regional Fetal Infant Mortality Review (FIMR) Team which now serves 9 counties.



COVERING KIDS & FAMILIES

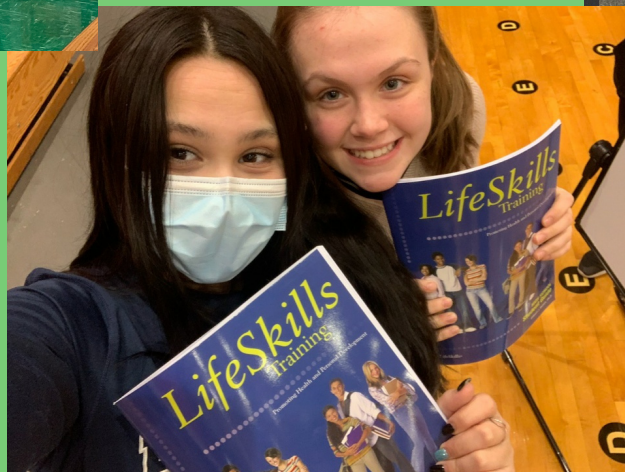
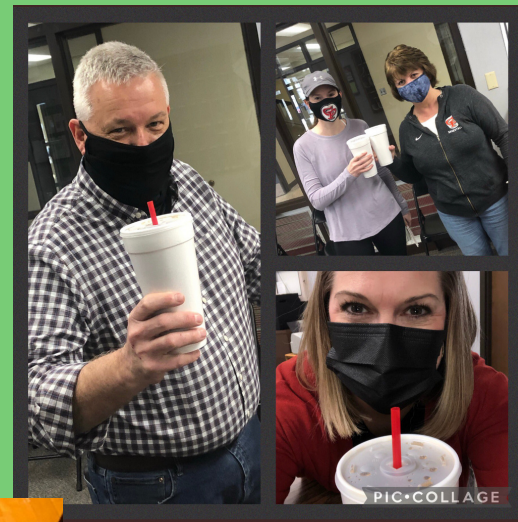
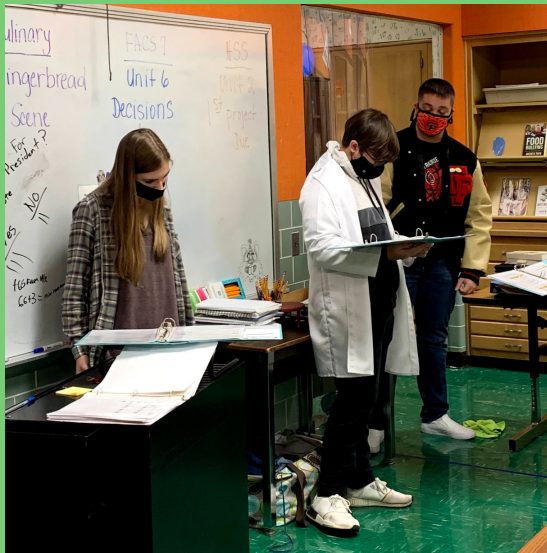
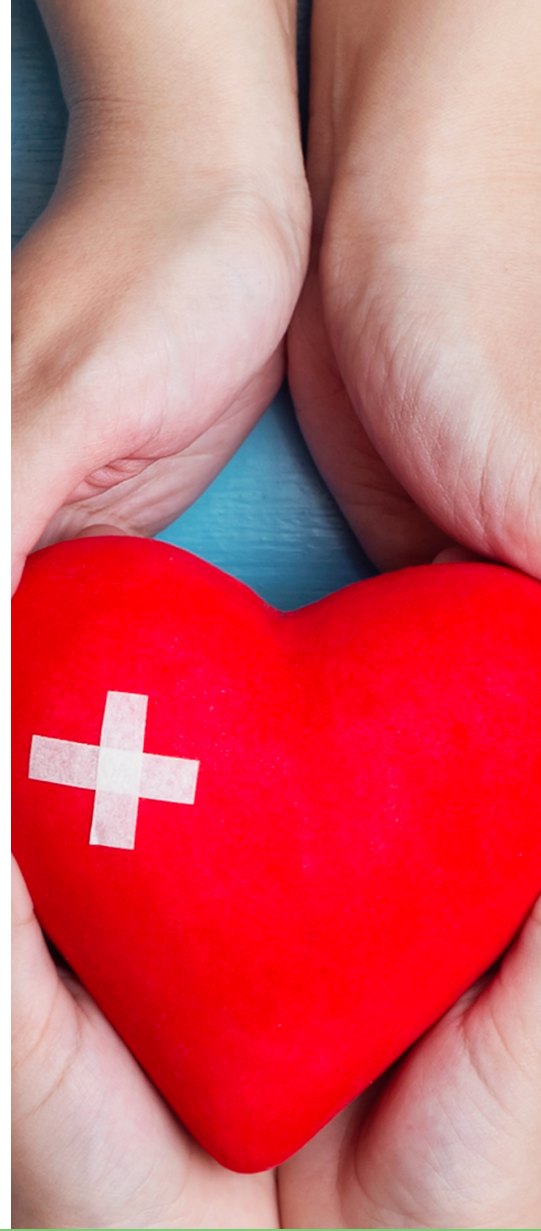
Covering Kids & Families (CKF) helped more families this year than ever before by assisting in not only health insurance, but also SNAP and unemployment benefits. In 2020, our health insurance navigators assisted 396 individuals with a 89% approval rate!



SCHOOLS

Community Schools of Frankfort, Clinton Prairie Jr/Sr High School, Clinton Central Jr/Sr High School, and The Crossing all implemented social emotional learning curriculum through a North Central Health grant in partnership with HCCC.

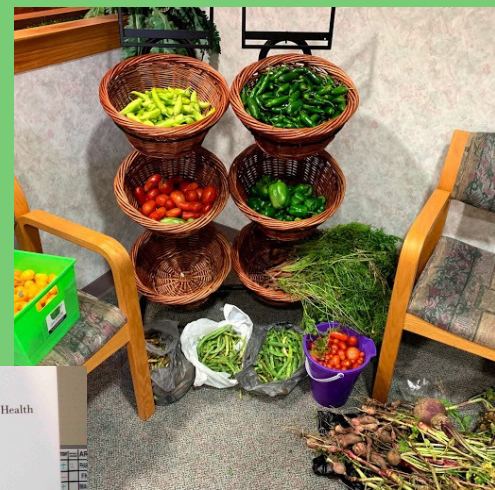
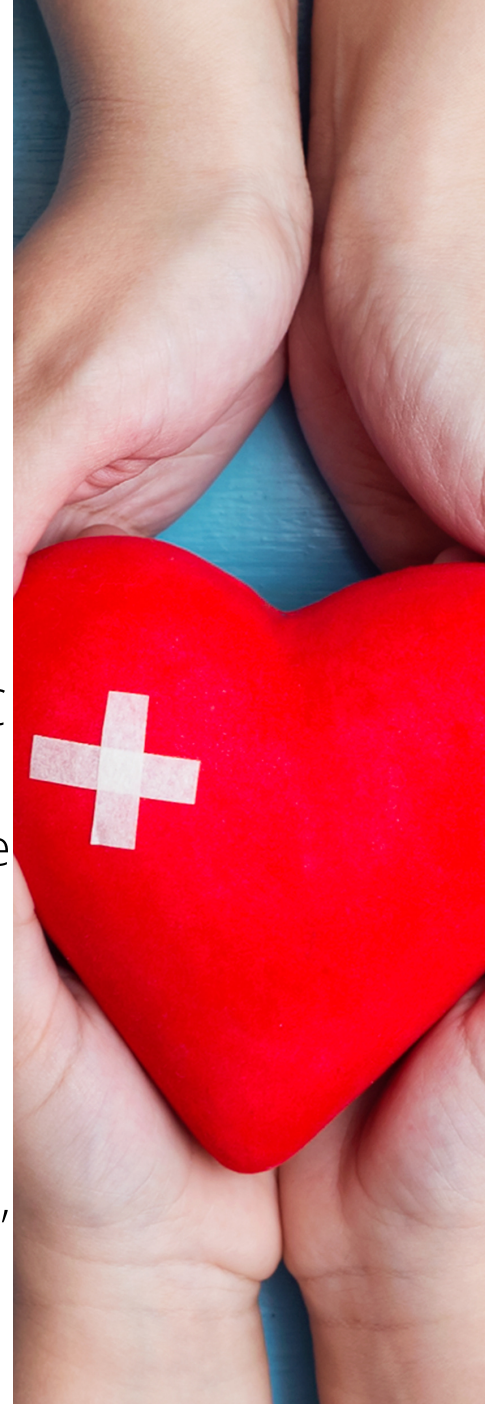
This program also works with school staff in providing any mental health support and brain breaks they may need, supported by IU Health.



OTHER PROGRAMS

HCCC continued the community garden in 2020, which proved to be even more essential and successful through the pandemic in providing fresh veggies to the community.

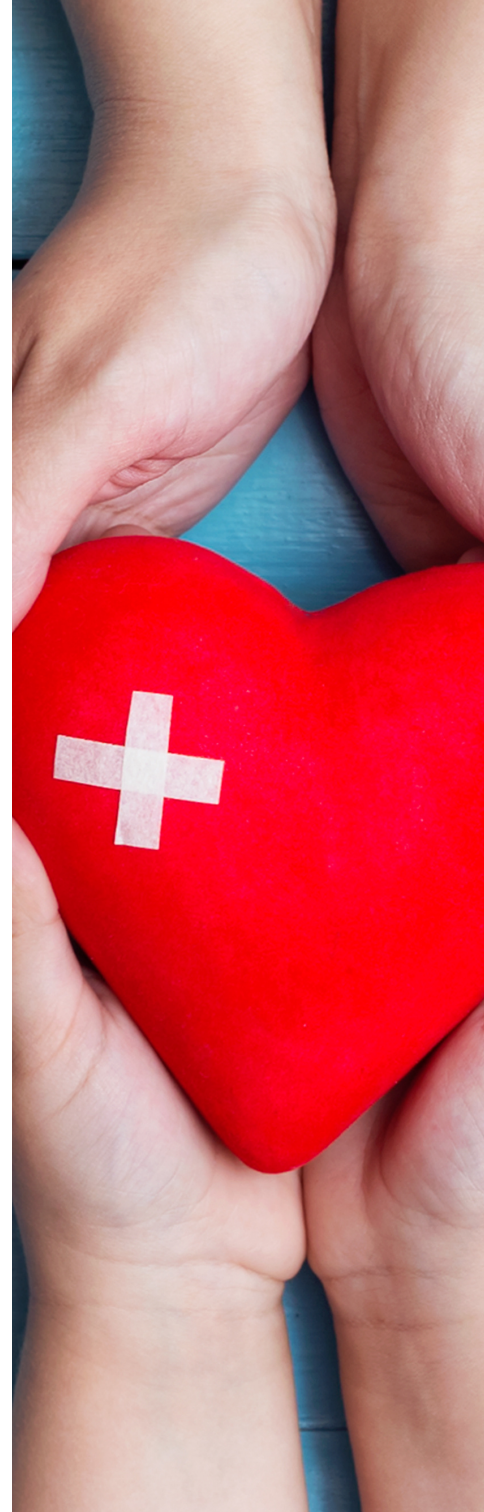
Through a Community Foundation grant, HCCC hired our first Systems of Care navigator to assist in wraparound services for substance use disorder and mental health. HCCC also reached out to local organizations and our schools to assist in any way possible for the staff and their own mental health through the COVID crisis. 2020 was an unprecedented year, but we are grateful for all of the community support and look forward to the year ahead!



WHERE WE ARE NOW

One of the most exciting things to happen in 2020 is that HCCC is now the proud owner of our own building! HCCC moved to 1234 Rossville Ave., Frankfort in October.

Thank you to our building committee and volunteers for helping make this dream become a reality! The Clinton County Health Department joined us soon after. We now share the building with CCHD and have assisted them as part of the Emergency Management Response Team with the COVID Call Center and Vaccine Clinic. If you haven't seen our new building yet, we invite you to come take a peek!



SPECIAL THANKS TO OUR BUILDING COMMITTEE & EVER FAITHFUL HCCC BOARD MEMBERS!

HCCC Board Members

Stacy Gephart - President

Jeremy Ashcraft - Vice President

Janeen Burrows - Secretary

Rodney Wann - Treasurer

Carol Price

Anne Hazlett

Melissa Dexter

Jeff Chynoweth

Stephanie Kozuch

Tristen Comegys

Rita McIntosh

Building Committee

Carol Price

Curt Stevenson

Janeen Burrows

Alex Martin

Eric Woods

Glenda Frey

Kim Dahmen

Rita McIntosh

A BIG
thank
you
